

menu

Essence Lunch Menu

5th, 6th, 7th, 8th February 2024

Appetizers

Black Bean Soup (V)

*Crispy tortillas, Avocado sour cream, Cilantro
or*

Salad of Poached Pears, Walnuts, Grapes, Blue Cheese (V, GF)

Blackberry vanilla vinaigrette,

Entrées

Full Canadian Breakfast

*Pancake, Bacon, Sausage, Baked tomato, Baked beans, Home fries,
Egg of your choice: Fried or Scrambled*

Indian Chickpea Curry (V)

Basmati with peas, Mango chutney, Papadams

Thai Scented Fish and Crab Cakes

Gochujang (Korean spice) mayonnaise, Dragon noodle salad

Dessert

Bakewell Tart

Cherry compote

\$25.00 taxes extra

Service Times: 11:45, 12:00, 12:15



We bring learning to the table.